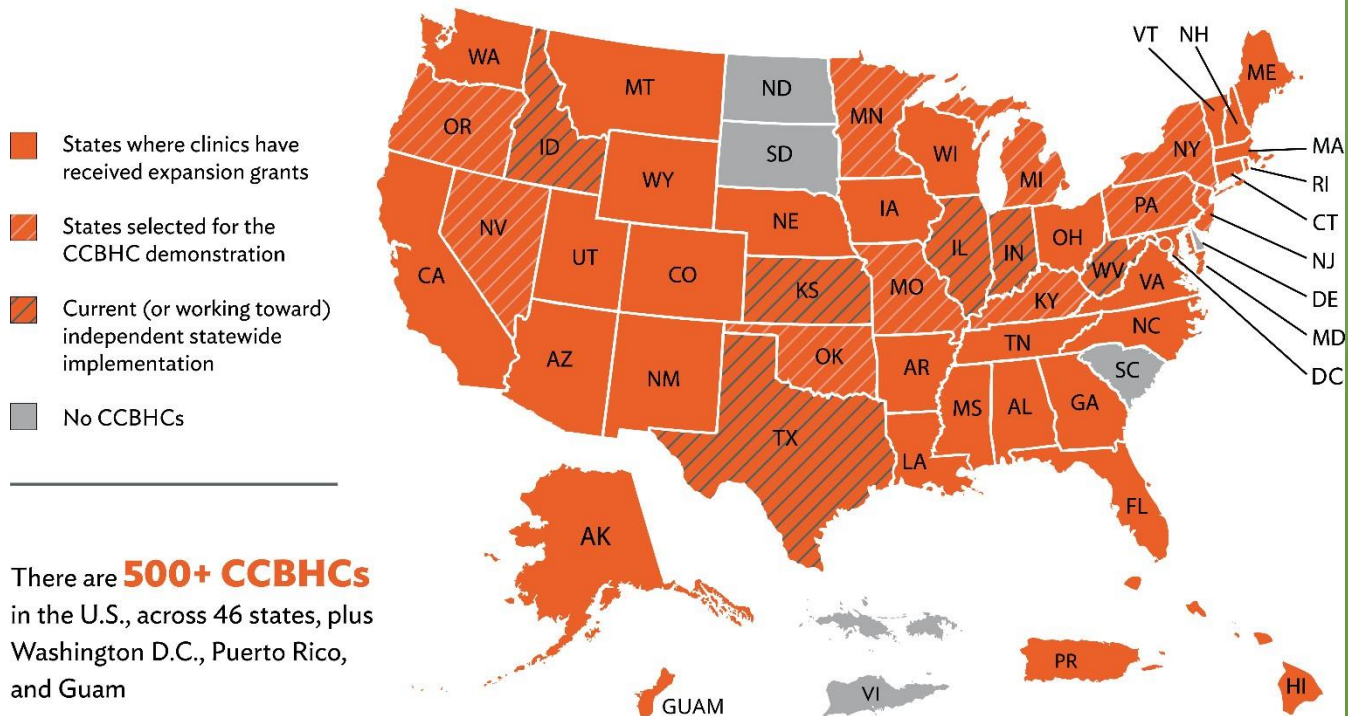


Indiana Council of Community Mental  
Health Centers, Inc.

**CCBHC**

Certified Community Behavioral Health Clinics

## Status of Participation in the CCBHC Model



Today, there are more than 500 CCBHCs and CCBHC grantees in 49 states and territories, including new grantees awarded in September 2022. This report contains data collected from CCBHCs and grantees that were active as of August 2022, covering 249 of 450 sites.

# What is a CCBHC?

CCBHCs provide a **comprehensive range of mental health and substance use services**. The CCBHC model alleviates decades-old challenges that have led to a crisis in providing access to mental health and substance use care.



Note: This presentation contains a summary of selected CCBHC certification criteria. To view the full criteria: [https://www.samhsa.gov/sites/default/files/programs\\_campaigns/ccbhc-criteria.pdf](https://www.samhsa.gov/sites/default/files/programs_campaigns/ccbhc-criteria.pdf)

# Comprehensive Care is Key

CCBHCs provide a comprehensive array of services needed to create access, stabilize people in crisis, and provide the necessary treatment for those with the most serious, complex mental illnesses and substance use disorders.

## 24/7/365 Mobile Crisis Team Services

Help people stabilize in the most clinically appropriate, least restrictive, least traumatizing, and most cost-effective settings.

## Immediate Screening & Risk Assessment

To ameliorate the chronic comorbidities that drive poor health outcomes and high costs for those with behavioral health disorders.

## Easy Access to Care

With criteria to assure a reduced wait time so those who need services can receive them when they need them, regardless of ability to pay or location of residence.

## Expanded Care Coordination

With a focus on whole health and comprehensive access to a full range of medical, behavioral and supportive services.

## Tailored Care for Active Duty Military and Veterans

To ensure they receive the unique health support essential to their treatment.

## Commitment to Peers and Family

Recognizing that their involvement is essential for recovery and should be fully integrated into care.

# Pathways to CCBHC



## CCBHC E-Grant

SAMHSA \$2 million per year for two years

## CCBHC Bridge Grants

State funds to help fill the gap between E-grants and long-term implementation

## CCBHC Model

Cost-related Medicaid reimbursement rate through:

- CCBHC Demonstration
- CMS-approved SPA or waiver

CCBHCs can be established via multiple pathways:

# CCBHC Timeline for Indiana

Flexibility may be available with both Medicaid Demonstration and SPA



# A Plan for Indiana to Expand the Use of CCBHCs



## Establish Indiana-specific CCBHC goals

- Establish a shared understanding of state agency roles and responsibilities
- Form an internal planning team
- Form a stakeholder advisory committee
- Articulate CCBHC goals and timelines



# CCBHCs' Impact at a Glance

## EXPANDING ACCESS TO CARE

CCBHCs and grantees are closing the treatment gap that leaves millions of Americans with unmet mental health and substance use needs<sup>1</sup>, bringing thousands of new clients into care.

- 1.2 million people are currently served across 249 responding clinics, which means that an estimated 2.1 million people<sup>2</sup> are served nationwide by all 450 CCBHCs and grantees active as of August 2022.
  - This estimated total represents an increase of about 600,000 clients<sup>3</sup> compared to the estimated total number of individuals served by all CCBHCs in 2021.
- CCBHCs and grantees are, on average, serving more than 900 more people per clinic than prior to CCBHC implementation, representing a 23% increase.



# CCBHCs' Impact at a Glance

## INVESTING IN WORKFORCE

The CCBHC model is alleviating the impact of the community-based mental health and substance use workforce shortage by enabling clinics to increase hiring.

- Responding clinics hired 6,220 new staff positions, or an average of 27 new staff per clinic, as a result of becoming a CCBHC.
- An estimated 11,240 new staff positions<sup>4</sup> were added across all 450 active CCBHCs and grantees active as of August 2022.
- to CCBHC implementation, representing a 23% increase.

# CCBHCs' Impact at a Glance

## **EXPANDING ACCESS TO MEDICATION-ASSISTED TREATMENT**

CCBHCs and grantees are addressing the nation's opioid crisis by dramatically expanding access to medication-assisted treatment (MAT), which when combined with counseling and behavioral therapy to provide a “whole patient” approach, is considered to be one of the most effective ways to treat substance use disorder (SUD).

- 82% of CCBHCs and grantees use one or more forms of MAT for opioid use disorder, compared to only 56% of substance use clinics nationwide that provide any MAT services<sup>5</sup>.
- An estimated 69,400 clients<sup>6</sup> nationwide are engaged in MAT across the 450 CCBHCs and grantees that were active as of August 2022.
- 65% of CCBHCs and grantees have increased the number of clients engaged in MAT since becoming a CCBHC, including 27% who say the increase has been significant.

# CCBHCs' Impact at a Glance

## **COORDINATION AND INTEGRATION WITH PRIMARY CARE**

CCBHCs and grantees work closely with primary care partners, using multiple strategies to coordinate and integrate care.

- 81% of respondents report increasing the number of referrals to primary care since becoming a CCBHC.
- CCBHCs also engage in numerous activities to coordinate and integrate care, from electronic information sharing with care coordination partners (94% currently do this or plan to) to co-locating physical health services on site (88% currently do this or plan to) and more.

# Expanding Timely Access to Care

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**12** MILLION CLIENTS

are currently served by  
249 responding CCBHCs  
and grantees

*Estimated*  
**21** MILLION

people currently served  
across all 450 active  
CCBHCs and grantees



This represents a steep increase  
from the estimated 1.5 million  
people served across 224 active  
CCBHCs as of 2021.

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**77%**  
CCBHCs & GRANTEEES

say their caseload has  
increased since becoming a  
CCBHC

*Nearly*  
**180,000**

total new clients served by  
these clinics



This represents a 23%  
increase since becoming  
a CCBHC

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# Making Crisis Services and Supports Available to All

The ideal mental health and substance use crisis system is more than a single program<sup>15</sup>. It is a continuum of structures, processes and services that address increasing intensity of needs and connect individuals to care both during and beyond the moment of crisis<sup>16</sup>. CCBHCs services span this continuum, offering prevention services, direct crisis response, and post-crisis care. Clinics have the option to provide 24/7 crisis response care directly via internal staff, or contract with a state-sanctioned crisis response network as a designated collaborating organization (DCO).

Elements of the SAMHSA CCBHC criteria related to provision of crisis care<sup>17</sup>:



## Prevention

- Early engagement in care
- Crisis prevention planning
- Outreach & support outside the clinic



## Crisis Response

- 24/7 mobile teams
- Crisis stabilization
- Suicide prevention
- Detoxification
- Coordination with law enforcement & hospitals



## Post-crisis Care

- Discharge/release planning, support & coordination
- Comprehensive outpatient MH & SUD care

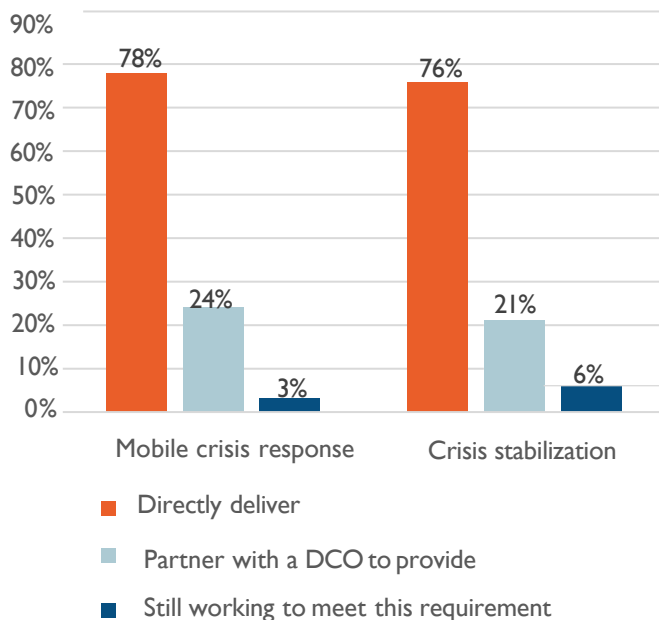
## What is a DCO?

A DCO is an organization that works with a CCBHC to deliver the full array of required services. CCBHCs and DCOs establish formal agreements ensuring delivery of care in alignment with the federal criteria.

The DCO relationship represents an opportunity to align and integrate other community providers under the "umbrella" of the CCBHC model.

CCBHCs and grantees are building out behavioral health crisis response capacity in their communities. Most CCBHCs and grantees provide mobile crisis response and crisis stabilization, either directly or through DCO partnership. For about half, at least one of these services was added since becoming a CCBHC – mobile crisis response (40%) and crisis stabilization (26%), an indication of expanded availability of crisis care and expanded coordination with crisis service providers in these communities.

CCBHCs and Grantees Providing Access to Selected Crisis Services



## Innovative Practices in Crisis Response

## Percentage of participating CCBHCs

Offers post-crisis wrap around services to facilitate linkage and follow-up	83%
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Partners with statewide, regional, or local crisis call line to take referrals for non-urgent or post-crisis care	67%
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Has mental health and substance use provider co-respond with police / EMS	45%
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Operates a crisis drop-in center or similar non-hospital facility for crisis stabilization	38%
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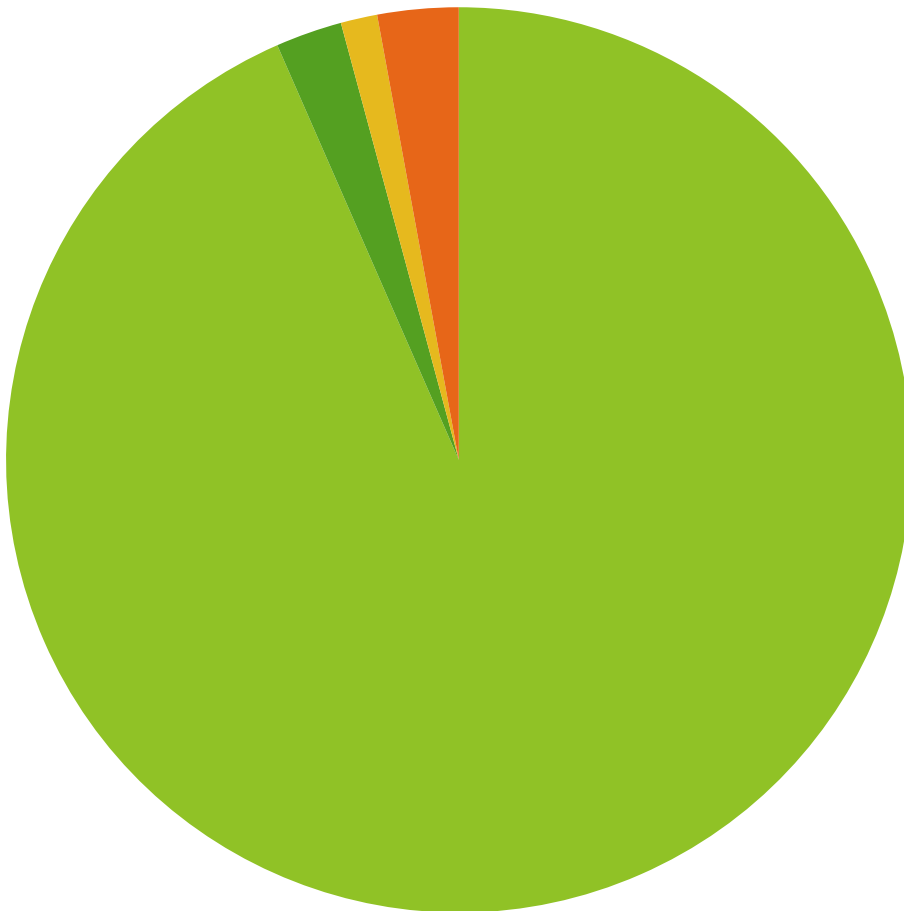
Has mobile mental health and substance use teams respond to relevant 911 calls instead of police / EMS	30%
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Partners with 911 to have relevant 911 calls screened and routed to CCBHC staff	22%
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Other	18%
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## Where are we at currently in Indiana - with pilot funding



■ Total Number of Clients provided services by CCBHC

602,640

■ Clients provided same day access to care

15,292

18,638

8,422

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**53,850** CLIENTS  
received SUD services

**87,078** CLIENTS  
Enrolled in targeted  
Case Management services

**36**  
Average number of  
clients  
Number of outreach,  
engagement and other  
services

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**CRISIS SERVICES**  
**55,964**

Total number of calls  
received

**CRISIS SERVICES**  
**31,452**

Total number of individuals  
served

## Next Steps for Indiana

- 988/CCBHC policy
- State application for Demonstration of CCBHC
- 4 year demonstration
- SPA in 2025 for continued CCBHC sustainability